

**PANJAB UNIVERSITY REGIONAL CENTRE
SRI MUKTSAR SAHIB**



**Celebrates International
Yoga day for a Health Life**

**We cordially invite you for an online programme
on 21st June 2021 at 10:30 AM**

**RELEVANCE OF YOGA DURING
PANDEMIC**

Chief Patron

**Prof. Raj Kumar
Hon'ble Vice Chancellor
Panjab University
Chandigarh**

Speakers

- **Shri Rajinder Singh**
- **Shri Vipandeep Thapar**



<https://meet.google.com/soi-avtb-rdu>

Director

**Prof. Baljinder Kaur P.U.
Regional Centre
Sri Muktsar Sahib**

Organizing Team

**Dr. Nisha Jain
Ms. Mamta Rani
Ms. Harwinder Kaur
Ms. Gurpreet Kaur
Ms. Manpreet Kaur**